

Community Resource List

Organization	Phone	Description
Ecumenical Charity Program	(518) 523-9620	Assistance for families in need of help with food, clothing, shelter, and other needs
Essex County Department of Social Services	(518) 873-3878	Assistance with food, housing, child support, Medicaid, and more
Essex County Preventive Services	(518) 873-3424	Support and referral for parents and families, including case management, parent assistance, and more
Essex County Mental Health	(518) 873-3670	Crisis counseling and ongoing mental health evaluation & treatment After-hours crisis counseling available at (888) 854-3773
North Star Behavioral Health Services	(518) 891-5535	Crisis counseling and ongoing mental health evaluation & treatment
Sexual Assault Support Services	(518) 984-0094	Advocacy and support for people who have been the target of sexual assault
Special Education Parent Network	(518) 561-4999	Support for families of children with mental health issues and/or disabilities
Early Head Start	(518) 586-2564	Home-based support for families with children ages 0-3
Families First	(518) 873-9544	Support and services for families with children with emotional difficulties or mental health issues.
Enrollment Assistance Services and Education	(866) 872-3740	Assistance to enroll in health insurance coverage through the NY State of Health Marketplace